

PRIVACY May 2018

At Graham Fit Personal Training I am the sole data controller (Graham Kavanagh) and take client privacy and confidentiality seriously.

WHAT DATA DO I COLLECT?

Name | Email Address | Telephone

Home address [mobile personal training purposes]

Health questionnaire [insurance purposes]

Paper notes at consultation

No photographs/video without your consent

Medical Information [if disclosed to me by your medical professional if you are embarking on an exercise referral programme]

WHY DO I COLLECT THIS INFORMATION?

As a legal requirement for my own insurance through REPS, and to enable me to run a personal training session to ensure I have clearance that you are suitable to take part in fitness training.

WHERE DO I STORE YOUR DATA?

Paper notes during your consultation, forms and any health information are stored at my place of residence under lock and key, that only I have access to.

In some cases data may be stored on an external hard drive only I have access to protected with a password.

Any other health or information you disclose is never shared with anyone without your consent and only if you would benefit during any fitness training.

ACCESS

Your data is available to you on request. If you need to update your details your data is available on request. Your data at the termination of my services will not be held on to for longer than necessary and deletable. Any issues/complaints please contact info@grahamfit.com